



**Indian School Al Wadi Al Kabir**

**2023-2024**

**Class -I**

**EVS REVISION**

**MID TERM DIAGNOSTIC ASSESSMENT**

## MIDTERM DIAGNOSTIC ASSESSMENT PORTION

- Lesson - 1 Me and My Body
- Sense Organs (Page 3)
- People are different (Page 5)
- Lesson - 2 My Family and My Neighbours (Page 9)
- Small Family, Large Family, Family Tree (Page 10)
- Lesson -3 Food We Eat (Page 16) - Food Eaten Daily (Page 17)
- Healthy and Unhealthy Foods (Page 18)
- Lesson 6- Clothes People Wear
- Why Do We Wear Clothes/Types of Clothes (Page 39)



5



# SENSE ORGANS

**EYES**



**TONGUE**



**NOSE**



**EARS**



**SKIN**

# 1. EYES: I can see with my Eyes.



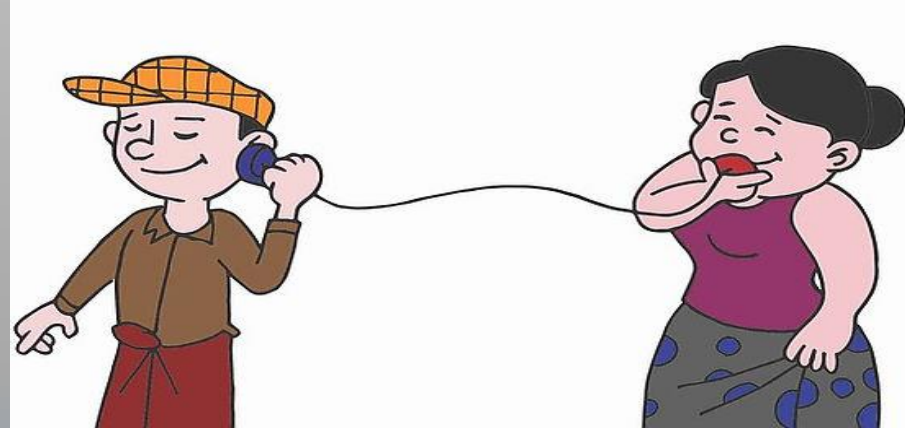
We see with  
our eyes



## 2. NOSE: We **smell** with our **Nose**.



### 3. EARS: We hear with our Ears.



# 4.TONGUE: We **taste** with our **Tongue**.

## Taste

• We taste with our tongue.



# 5. SKIN: We **feel** with our **Skin**.

Touch



EL: Be able to describe how our skin allows us to feel things and create the sense of touch



# People are Different



Some are **short**, some are **tall**



Some are **fat**, some are **thin**



People have different **eye colour**.



People have different **skin colour**.

## PEOPLE ARE DIFFERENT

Look at the pictures. Anu, Ali, Jaspreet, Arjun and Mary are friends. They study in class 1. All of them have the same parts of the body, but do they look the same?

No, different people look different. Some may be tall, and some may be short.

Some may be fat and some may be thin. People have different eye, hair and skin colour too.



Anu      Ali      Jaspreet      Arjun      Mary



### Activity

Look at the pictures of the children and answer the following questions.

1. Who is the tallest? .....
2. Who is the shortest? .....
3. Who has the longest hair? .....
4. Does Mary have short hair? .....
5. Who is thin—Jaspreet or Ali? .....

## MY DIFFERENT FEELINGS

Look at the pictures. Say how the children are feeling.



Happy



Sad



Angry





## Activity

Look at the pictures of the children and answer the following questions.

1. Who is the tallest?

Ali

2. Who is the shortest?

Arjun

3. Who has the longest hair?

Anu

4. Does Mary have short hair?

Yes

5. Who is thin—Jaspreet or Ali?

Jaspreet

**Answer  
Key**

# LESSON- 2 MY FAMILY AND MY NEIGHBOURS



## Theme—Others in My World



### Key Concepts

- ✦ family and variation in family structure
- ✦ neighbours
- ✦ fun time and celebrations with family and neighbours
- ✦ pets

## 2. My Family and My Neighbours

### CONNECT

Bring a family photograph and paste it in the space given below.

Say who is

- the youngest
- the oldest
- the tallest
- the shortest



Children and their parents make a family. People in a family are called **family members**.

Each person in a family is different. Every member of the family does **different things**.

A family can be small or large.

## SMALL FAMILY

This is Arun. He is helping his mother prepare dinner. His father and elder sister are also helping her. His family is a small family.

A small family has a father, mother and one or two children. A small family may have only a father or a mother and one or two children. A small family is also known as a **nuclear family**.



## LARGE FAMILY



This is Rina. She lives with her father, mother, grandfather, grandmother, an uncle, an aunt and two cousins. They all stay together in one house. Rina's family is a large family. Today, the family is celebrating her birthday.

A large family is also called a **joint family**.

Arun's friend, Neha, has pasted pictures of herself and her family members on this tree. This is called a **family tree**.

### KEY WORDS

large small

### ? Check your progress!

Complete the sentences using the key words given above.

1. Arun's family is **small** .....
2. Rina lives in a **large** ..... family.



**THIS IS ARUN AND HIS FAMILY.  
HIS FAMILY IS A SMALL OR NUCLEAR  
FAMILY.**



**THIS IS RINA AND HER FAMILY.  
HER FAMILY IS A LARGE OR JOINT FAMILY.**



# Family Tree





# We need food to -



**to grow**



**to be healthy**



**to play**



**to get energy**



**to work**



**to keep warm**

## Theme—My Needs: Food We Eat



### Key Concepts

- ✦ food eaten daily and during festivals
- ✦ sources of food
- ✦ healthy and unhealthy foods
- ✦ cooked and raw foods
- ✦ food for different people

## 3. Food We Eat

### CONNECT

Write down the names of two items of food that you have brought in your lunch box today.

-----

What do we do when we are hungry?

We eat food when we feel hungry.

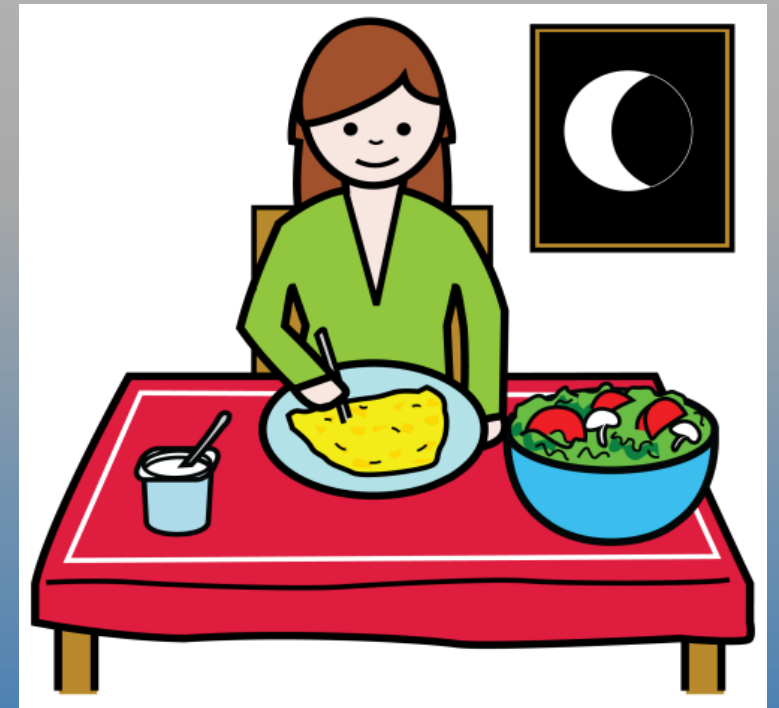
Why must everybody eat food?

Everybody must eat food:



# Food eaten daily

The food that we eat at a particular time is called a **meal**. The big meals are **breakfast**, **lunch** and **dinner**. The small meals are snacks eaten mid morning and early in the evening.



## FOOD EATEN DAILY

The food that we eat at a particular time is called a **meal**. We eat both big and small meals in a day.

The big meals are breakfast, lunch and dinner. The small meals are snacks eaten mid-morning and early in the evening.

- We have **breakfast** in the morning.
- We have **lunch** at noon.
- We have **dinner** at night.
- We must eat our meals at the same time every day.
- We must eat enough to be healthy.



breakfast in the morning



lunch at noon



dinner at night

## SOURCES OF FOOD

All our food comes from **plants** and **animals**.

We get **fruits**, **vegetables**, **cereals** and **pulses** from plants.

Fruits are generally sweet. Bananas, mangoes, apples, oranges and grapes are some fruits.



Carrots, turnips, potatoes, beans, brinjals, lady's fingers, spinach and cabbage are some vegetables.



Cereals such as rice and wheat and pulses such as *toor dal* and *masur dal* are seeds of plants.

We get food from animals, too. **Milk**, **eggs**, **fish** and **meat** are obtained from animals.



### KEY WORDS

breakfast cereals dinner lunch pulses

? Check your progress!

Use the key words given above to complete each sentence.

1. \_\_\_\_\_ and \_\_\_\_\_ are seeds of plants.
2. **Breakfast**, **lunch** and **dinner** \_\_\_\_\_ are the three meals that we eat in a day.

## HEALTHY AND UNHEALTHY FOODS



Some foods are healthy. They help us grow and stay well.

Some foods are unhealthy. Too much of these foods is bad for our health. We can eat them once in a way or sometimes.



Healthy foods



Unhealthy foods

# LESSON- 6 CLOTHES PEOPLE WEAR



# Clothes worn during different seasons



In **summer**, we wear loose, **cotton** clothes. This keeps our bodies **cool**.



In **winter** we wear, **woollen sweaters**, **caps**, **gloves**, **socks** and **shoes** to keep our bodies **warm**.

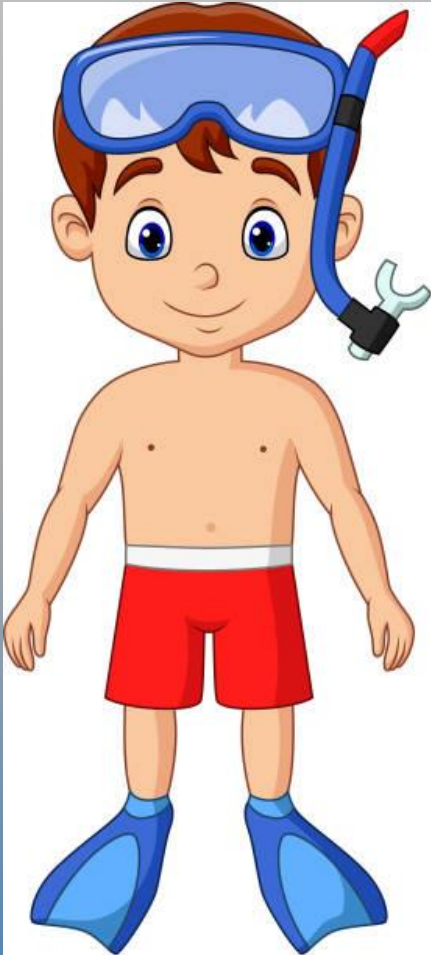


During the **rainy** seasons, we wear **raincoats**, **gumboots** and carry **umbrellas**.



We wear **special** clothes for **special** occasions such as **festivals** and **weddings**.

# Clothes worn for different activities



**Swimming**



**Cycling**



**Jogging**

## Theme—My Needs: Clothing

### Key Concepts

- ✦ need for clothing
- ✦ clothes worn by family members
- ✦ clothes worn in different seasons and for special occasions
- ✦ care of clothes



## 6. Clothes People Wear

### CONNECT

This is Ria with her grandparents. Colour their clothes.



People wear different types of clothes.

Why do we need to wear clothes?

We wear clothes to protect our bodies from heat, cold and rain.

### TYPES OF CLOTHES



We wear different types of clothes during different seasons and for different activities.

In summer, we wear loose, **cotton** clothes. This keeps our bodies cool.



In winter we wear, **woollen** sweaters, caps, gloves, socks and shoes to keep our bodies warm.

During the rainy season, we wear **raincoats**, **gumboots** and carry umbrellas.



We wear particular clothes for different activities such as swimming, cycling and jogging.

We wear special clothes for special occasions such as festivals and weddings.

### CLOTHES WORN BY FAMILY MEMBERS

Look at the picture. This is Amit's family.

Say what each member of his family is wearing.

Grandfather is wearing a kurta and a pyjama.

Grandmother is wearing a sari.

Father is wearing a shirt and a pair of trousers.

Mother is wearing a salwar and a kameez with dupatta.

Amit is wearing a shirt and a pair of shorts.

His sister, Tina, is wearing a frock.

What do you wear to school?

We wear school **uniforms** when we go to school.



Fill in the blanks with the correct words given in the help box.

different

taste

ears

see

noon

nuclear

family

hungry

cotton

1. In summer, people wear cotton clothes.
2. Too much of unhealthy food is bad for our health.
3. We see with our eyes.
4. We hear with our ears.
5. We taste with our tongue.
6. Children and their parents make a family.
7. A small family is also known as a nuclear family.
- 8 We eat food when we feel hungry.
9. We have our lunch at noon.

**Circle the odd one.**

a) See

touch

sing

feel

b) umbrella

sweater

gumboots

raincoats

c) Burger

banana

fries

pizza

d) breakfast

lunch

morning

dinner



Thank you!